

# Planning de la petite SALLE DES SPORTS (Année 2021-2022)

	LUNDI	MARDI	MERCREDI	JEUDI	VENDREDI	SAMEDI	DIMANCHE
8 H 00 –							
8 H 30 –							
9 H 00 –							
9 H 30 –							
10 H 00 –							
10 H 30 –				Gym douce adulte		OCM Twirling	
11 H 00 –			OCS Gym sport adapté		OCS Gym santé		
11 H 30 –							
12 H 00 –							
12 H 30 –							
13 H 00 –							
13 H 30 –							
14 H 00 –							
14 H 30 –							
15 H 00 –		OCS Sport adapté Ty Coat					
15 H 30 –	OCS Sport handicap						
16 H 00 –					OCS Handisport		
16 H 30 –							
17 H 00 –	Multisports Enfants			OCS sport enfants			
17 H 30 –							
18 H 00 –				Gym enfants			
18 H 30 –							
19 H 00 –							
19 H 30 –		Gym Ener'gym Adultes	Yoga				
20 H 00 –					Tennis de table		
20 H 30 –		Gym Tonique Adultes					
21 H 00 –					OCM		
21 H 30 –							
22 H 00 –							
22 H 30 –							