

# Planning de la petite SALLE DES SPORTS (Année 2023-2024)

	LUNDI	MARDI	MERCREDI	JEUDI	VENDREDI	SAMEDI	DIMANCHE
8 H 00 –							
8 H 30 –							
9 H 00 –							
9 H 30 –							
10 H 00 –		<b>Sport santé Multi-activités</b>		<b>Gym douce adulte</b>			
10 H 30 –					<b>OCS Gym santé</b>		
11 H 00 –			<b>Eveil Multisports</b>				
11 H 30 –							
12 H 00 –							
12 H 30 –							
13 H 00 –							
13 H 30 –							
14 H 00 –							
14 H 30 –		<b>OCS Sport adapté Ty Coat</b>					
15 H 00 –							
15 H 30 –	<b>OCS Sport handicap</b>	<b>Sport adapté Goanag</b>					
16 H 00 –					<b>OCS Handisport</b>		
16 H 30 –							
17 H 00 –	<b>Multisports Enfants</b>			<b>OCS sport enfants CE CM Multisports</b>			
17 H 30 –				<b>EVEIL MULTISPORT</b>			
18 H 00 –							
18 H 30 –							
19 H 00 –							
19 H 30 –	<b>Gym Ener'gym Adultes</b>		<b>Qi gong</b>				
20 H 00 –							
20 H 30 –							
21 H 00 –							
21 H 30 –							
22 H 00 –							
22 H 30 –							